Use of Nonlinear Dynamic Motivational Strategies to Manage L2 Academic Entitlement and Psychological Reactance

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Expanding the dynamicity and nonlinearity of L2 motivation introduced by Bahari (2019a) based on the complex dynamics systems theory has served as the theoretical framework to introduce and contextualize nonlinear dynamic motivational strategies (NDMSs). The present study used the NDMSs to manage L2 academic entitlement and psychological reactance as two obstructive factors in the L2 learning-teaching process. For conceptualization purposes, a mixed methods approach was conducted among teachers as well as learners to examine the effectiveness of proposed strategies as a pedagogical tool to manage and minimize these obstructive factors in academic contexts. The observed effectiveness of the NDMSs at managing and minimizing the analyzed obstructive factors along with replacing teacher-centered and test-oriented L2 classrooms with a learner-friendly motivating L2 classroom has significant pedagogical and theoretical implications. The major finding of the study following a rigorous methodological triangulation of the data that was collected confirms the effectiveness of the NDMSs as an L2 teaching strategy to cater to the diversity of individual differences for the purpose of improving teacher-learner interactions. Drawing on the results, it can be safely concluded that the NDMSs as the independent variable of the study showed significant impact on managing and minimizing academic entitlement and psychological reactance.

Keywords: academic entitlement (AE), psychological reactance (PR), nonlinear dynamic motivational strategies (NDMSs), complex dynamics systems theory (CDST)

Introduction

When a second language (L2) learner believes that his/her lack of achievement is the result of a teacher's decision, he/she feels entitled to the achievement (Major, 1994) and expresses oppositional behavior via anger mechanisms. Similarly, in situations where individual autonomy or freedom is restrained, oppositional behavior is the common behavior (Brehm, 1996) which leads to resistance, incivility, and dissent as different aspects of reactance. The same oppositional behavior occurs when nonlinear dynamic L2 motivational factors are restrained (Bahari, 2018). Given the obstructive nature of academic entitlement (AE) and psychological reactance (PR) in the L2 teaching-learning context, the present study proposed the use of nonlinear dynamic motivational strategies (NDMSs) as a valid tool for managing and minimizing the obstructive influence of these factors in L2 teaching-learning.

Literature Review

Academic entitlement (AE) is a shift in values of education that undermines the face of education by offering achievement without any effort or skill (Morrow, 1994) or expressing anger over a low grade (Chowning & Campbell 2009; Ciani, Summers, & Easter, 2008; Greenberger, Lessard, Chen, & Farruggia, 2008). AE can trigger failure in learning contexts as an obstructive factor in teacher-learner relationships. While searching for the origins of AE among academically entitled students, several studies (Campbell, Bonacci, Shelton, Exline, & Bushman, 2004; Foster, Campbell, & Twenge, 2003; Hoover 2007; Lombardi, 2007; Twenge 2006) have addressed learner-related concepts (e.g. motivation, narcissism, and (inflated) self-esteem). Under reactance theory (RT), displaying oppositional behavior is a common response in human behavior (Brehm, 1996) however, most of the

Figure 1 *L2 Teaching-Learning Obstructive Factors*



studies on learning have applied psychological reactance apropos of the learner under labels such as uncivil behavior (Achacoso, 2002; Chowning & Campbell, 2009; Ciani, et al., 2008; Greenberger, et al., 2008; Kopp & Finney, 2013; Lippmann, Bulanda, & Wagenaar, 2009; Nutt, 2013) or an uncivil classroom (Bjorklund & Rehling, 2009; Clark & Springer, 2007; Cortina, Magley, Williams, & Langhout, 2001; Feldmann, 2001). However, this is mostly done without considering the role for the teacher in stirring up uncivil behavior, which is clearly against the basic principle of RT. The basic principle of PR is that oppositional behavior is a common response in human behavior (Brehm, 1996) that is applied to situations where individual autonomy or freedom is restrained by some mechanisms. Therefore, when learner autonomy is restrained, psychological reactance on the part of the learner is a common behavior. The L2 teaching-learning context, when it is the same as other learning contexts, might be the environment where such oppositional behaviors originate. The present study suggests the use of the NDMSs to avoid such an obstructive environment. The question then arises, "Do NDMSs have the potential to manage AE and PR in L2 teaching-learning contexts?" Imagine a teacher taking demotivating measures instead of catering to the motivational needs of L2 learners, or restraining learner autonomy via test-score manipulation. Now the next question arises, "Can this teacher manage reactance, prevent incivility, minimize resistance, and manage dissent while taking anti-motivational measures in L2 teaching-learning contexts?" Restricting learners' pedagogical preferences by ignoring their motivational factors is an example of restricting freedom/autonomy in L2 teaching-learning contexts, which increases the chances of reactance (Jost, Banaji, & Nosek, 2004). Accordingly, adopting test-oriented instruction, threatening policies, reactance-inducing statements and feedback (Bahari, 2019a) obstruct the learning process to a large extent. Given the fact that restrictive measures are met with backlash (Laurin, Kay, Proudfoot, & Fitzsimons, 2013) they need to be avoided in keeping with the internalized concepts of self and identity (Ushioda & Dörnvei, 2017) in L2 motivation.

Based on the reported ineffectiveness of linear patterns in explaining and predicting the relationships observed in SLA data, (Bahari, 2019a, 2020a; de Bot & Larsen Freeman, 2011; de Bot, Lowie, & Verspoor, 2007; Dörnyei, 2014; Fusella, 2013; Hiver, 2015; Kikuchi, 2015; Larsen-Freeman & Cameron, 2008; MacIntyre & Legatto, 2011), the present study tried to incorporate the principles of complex dynamics systems theory (CDST) as a solution to this deficiency. To this end, the NDMSs arranged based on the CDST were used to manage and minimize AE and PR. The CDST considers the components of the system (either with two variables or with innumerable variables) in a global way and confirms that a nonlinear process is at work within the system and in interactions between every internal and external stimuli (Henry, Dörnyei, & Davydenko, 2015; Jiang & Dewaele, 2015).

Given the complete interconnectedness of variables in the language learning context, the proposed NDMSs could potentially influence many other variables in the L2 learning context (e.g. self-efficacy, anxiety, etc.); however, in the present study they are expected to be applied to manage and minimize AE and PR. In other words, given the dynamic trajectory of interacting variables in learning contexts and the ever-changing interactions between them, the study focused on examining the effectiveness of the NDMSs for managing and minimizing two variables out of innumerable dynamic variables present in the language learning context. Therefore, it is impossible to adopt all of the relevant features of a complex system such as the L2 learning system in a single study with respect to feasibility and other limitations. This aspect was rarely approached in previous studies, which approached L2 motivation apropos of strategies (Griffiths, 2013; Oxford, 2017; Quoidbach, Mikolajczak, & Gross, 2015; Schunk & Zimmerman, 2012) or as a static factor (Moskovsky, Racheva, Assulaimani, & Harkins, 2016) or a learner-context interaction subject (Thompson & Erdil-Moody, 2016) or introducing its influential factors (Lyubomirsky & Layous, 2013; Rusk & Waters, 2015; Sheldon, Boehm, & Lyubomirsky, 2013).

Drawing on CDST and the reported effectiveness of the NDMSs at attenuating the frequency of resorting to oppositional behavior on the part of the learners (Bahari, 2019b), the NDMSs were adopted as a multifaceted pedagogical tool to measure the rate of oppositional behavior among the participants in keeping with the psycho-socio-cultural aspects of L2 learner motivation (Bahari, 2018). To this end, the dynamic psychological, social, and cultural features of L2 motivation were embedded in statements reflecting a dynamically oriented taxonomic structure (Hiver & Al-Hoorie, 2016) in keeping with complex systems (de Bot, Lowie, & Verspoor 2007; Dörnyei, MacIntyre, & Henry, 2015; Dörnyei, Ibrahim, & Muir, 2016; Hiver & Al-Hoorie, 2016; Larsen-Freeman, 2015b; Larsen-Freeman & Cameron, 2008; Serafini, 2017; Thompson, 2017). With the constant changes and adaptation in L2 motivation under CDST, the proposed strategies are meant to intervene (to minimize and manage AE and PR) in interactional synchrony (i.e. the active interacting process) via creative communicative behavior. The main point here is the applicability of CDST to L2 motivation in terms of meeting the nonlinearity and dynamicity of L2 motivation at individual levels (Bahari, 2019a, 2020a) and not its applicability in terms of cognitive processing where information processing is considered a linear process. This is the point where it renders CDST inapplicable.

Description of the Study

The study was conducted to utilize the motivational surges at the individual level (Bahari, 2019b) and unlock the potential behind their nonlinearity and heterogeneity via the NDMSs. The proposed strategies are intended to integrate all of the components of the motivational superstructure from the directed motivational currents described as goal-oriented surges to other intense motivational experiences (Dörnyei, Henry, & Muir, 2016) concerning nonlinear-dynamic L2 motivation. This process starts at the individual level by identifying the motivational factors in members of the learning group and moves onto the group level where identified motivational factors are examined for compatibility. Following that they are nonlinearly integrated and dynamically adopted by the teacher. The NDMSs are applied at three stages: the pre-motivational stage, the motivational stage, and the post-motivational stage. The first stage consists of steps starting with potential motivation diagnosis and ending with nonlinear integration. Drawing on nonlinearity and dynamicity, even the proposed hierarchy allows a dynamic order, which means there is no need to complete all the steps in a linear process and the order can change dynamically and nonlinearly based on what motivates the individual learner at that moment, without trying to impose what motivates one learner compared to another or the whole learner group. To diagnose the motivational disposition of L2 learners, the majority of studies suggest a focus on learners' Motivational Self System (Csizer & Lukacs, 2010; Dörnyei, 2009, 2010; Lamb, 2012; Thompson & Erdil-Moody, 2016) or its variations such as intrinsic or extrinsic motivation, etc. (Csiz'er & Magid, 2014; Dörnvei & Chan, 2013; You, Dörnyei, & Csiz´er, 2016). However, the missing point in these studies is the lack of addressing the nonlinearity and dynamicity of L2 motivation via a comprehensive approach. To bridge this gap, we need to identify tedious and boring experiences from the past as well as the attractive and enjoyable experiences of the learners (Dörnvei, Ibrahim, & Muir, 2015), apropos of dynamics of motivation (Waninge, Dörnvei, & de Bot, 2014) at the nonlinear dynamic individual level instead of the group level (Bahari, 2019a). The present study hopes to approach this problem through the rigorous integration of the elements of psychological reactance (Brehm, 1966; Brehm & Brehm, 1981) into the NDMSs via continual cognitive-motivational functioning (Dörnyei, 2010; Larsen–Freeman, 2015a) to manage and minimize oppositional behaviors on the part of the learners. To this end, it is critical to make sure that previously identified motivational factors are dynamically and nonlinearly compatible in terms of motivational intensity, motivational imagery, and motivational behavior (You & Chan, 2015) with respect to gender differences (Henry & Cliffordson, 2013; You, Dörnvei, & Csiz´er, 2016) and can act together to unlock the potential behind nonlinear dynamic motivation. The dynamic compatibility of the NDMSs should not be confused with 'cohesive groups' which has been used in the literature. While the former is an attempt to find out the rate of compatibility among motivational strategies in order to sort and categorize them under multiple dynamic motivational strategies, the latter is an attempt to group the learners under a single group which is labeled as a 'cohesive group' regardless of the nonlinear and dynamic nature of the motivational factor in each and every member of the learning group.

Given that restricting behavioral options can lead to a preference for the restricted action (Laurin et al., 2013) and that ignoring motivation or demotivation can negatively influence L2 teaching-learning (Chang, 2010; Kikuchi, 2009; Kim, 2009; Oxford, 2017; Quoidbach, Mikolajczak, & Gross, 2015; Trang & Baldauf, 2007), the present study explored the connections of these L2-obstructive factors versus L2-facilitating NDMSs to find a solution to change the opposition-inducing teaching-learning context into a motivation-inducing context.





To this end, the NDMSs were proposed as a facilitator to deal with the challenge of AE and PR in L2 teachinglearning contexts. A mixed methods approach was applied to examine the relationship between the NDMSs and L2 learner-teacher attitudes towards incivility prevention, resistance minimizing, and dissent management with a focus on three aspects: learner-teacher anxiety, frustration, and self-doubt. To familiarize participants with the NDMSs proposed by (Bahari, 2018) and its application in L2 teaching-learning contexts, several workshops (5 sessions for professors' group and 10 sessions for students' group) were conducted before administering questionnaires to provide practical experience for the participants before responding to the NDMSs-oriented questionnaires. Different strands of data collection were used to answer the following questions:

- RQ1: How effective are NDMSs as a valid tool for managing and minimizing PR in L2 teaching-learning contexts at three levels of incivility prevention, dissent management, and resistance minimizing?
- RQ2: How effective are NDMSs as a valid tool for managing and minimizing AE in L2 teaching-learning contexts?
- RQ3: What patterns can be observed between teacher-learner responses about the effectiveness of NDMSs for managing AE and PR in L2 teaching-learning contexts?
- RQ4: What relationship can be seen between teachers' and students' responses about the effectiveness of NDMSs (arranged on psycho-socio-cultural aspects of L2 motivation) as a tool to minimize/ manage AE and PR?

Setting and Participants

Method

147 participants (36 professors in English Language Teaching Methodology and 111 M.A. students in ELT Methodology) were drawn from three branches of Azad University in Tehran, Iran. To facilitate QUAL-QUAN analysis, the participants were divided into two groups: professors (female=33% and male=67%) and students (male=41% and female=59%). Professors' ages ranged 32-55 and Students' ages ranged 25-42. Permission to participate in the research was obtained from the participants. The size of the population made it impossible to use random sampling for the purpose of generalizability. The study adopted intact group design to sample the participants and conduct the study.

Data Sources

The required data in response to the first three research questions were gathered by administering author-made questionnaires in English to the L2 teachers and learners (see Appendices A, B). Using the same statements to teacher-learner participants to elicit their attitudes on the effectiveness of the NDMSs on AE and PR

management, the questionnaires were distributed among teachers as well as learners to collect their opinions. For the fourth research question an author-made semi-structured interview (see Appendix C) was rigorously prepared and administered among 50% of the participants (face-to-face/online).

NDMSs - PR Questionnaire

The NDMSs - PR Questionnaire was used to collect the required data in response to the first research question to measure the oppositional behavior. An author-developed survey with 45 items was used to examine the effectiveness of the proposed strategies at three levels of incivility prevention, resistance minimizing, and dissent management from three perspectives: frustration, self-doubt, and learner-teacher anxiety (see Appendix A). The items are rated along a 6-step Likert continuum (e.g., 1 = strongly agree to 6 = strongly disagree). This was done in keeping with the studies (e.g. Chomeya, 2010) reporting higher discrimination and reliability values of the Likert's 6-point scale versus the Likert's 5-point scale. The questionnaire took approximately 40-45 minutes to complete. Subjects were asked to respond to the items and they were encouraged to ask for explanation if they did not understand any of the items (face-to-face/online). The first fifteen items on the questionnaire assess learner attitudes towards incivility prevention. These are termed incivility prevention (a=.68), the belief that learner incivility can be prevented by adopting some strategies with respect to frustration, self-doubt, and learner-teacher anxiety (e.g., "I think friendship strategy can prevent learner incivility and reduce learnerteacher anxiety). The second fifteen items on the questionnaire assess learners' attitudes towards resistance minimizing. These are termed resistance minimizing (a=.77), the belief that resistance can be minimized by adopting some strategies with respect to frustration, self-doubt, and learner-teacher anxiety (e.g. "I feel less resistance and frustration when a controversial subject is delivered unbiasedly"). The third fifteen items on the questionnaire assess learners' attitudes towards dissent management. These are termed dissent management (a=.70), the belief that one can manage dissent by adopting some strategies with respect to frustration, selfdoubt, and learner-teacher anxiety (e.g. "I believe that meeting students' dynamic motivational factors by the teacher can reduce the level of dissent and create a friendly environment with less anxiety and self-doubt"). The internal consistency of the 45 subscales measured in line with Wigfield and Guthrie (1995; Table 1) ranged from .68 to .77 at three levels of resistance minimizing, incivility prevention, and dissent management.

Table 1Reliabilities of the NDMSs – Psychological Reactance Scale

Subscales	N of Items	Reliability
Incivility Prevention	15	.68
Resistance Minimizing	15	.77
Dissent Management	15	.70

NDMSs - AE Questionnaire

To collect the required data for the second research question, a researcher-made questionnaire with 16 items was prepared and distributed among learners and teachers (see Appendix B) to elicit their opinions concerning L2 AE management via the NDMSs. The author believes that teachers and learners have a mutual role for the creation and rise of the obstructive factors within the L2 teaching environment; therefore we need to collect their opinions on the same statements to avoid making a unidirectional decision. The internal consistency of the items that was measured in line with Wigfield and Guthrie (1995) ranged between .70 and .77.

Interview to collect data on the effectiveness of NDMSs for managing and minimizing AE and PR

To answer the fourth research question, an interview was administered among teachers as well as learners to find out what relationships can be observed between teachers' and learners' responses about the effectiveness of the NDMSs as a tool for minimizing/managing AE and PR (see Appendix C). NDMSs-AE and PR Self-Interview is a 5-part survey (see Appendix C) developed by the author to examine the efficiency of the NDMSs at three levels of preventing, minimizing, and managing obstructive factors. The first part elicits the interviewees' (i.e. teacher/learner) personal experiences (e.g., Have you experienced/witnessed psychological reactance and academic entitlement in terms of incivility, resistance, and dissent?). The elicited responses were interpreted

and coded as 1= positive experience, 2=negative experience, 3=no experience, which were termed experience (a=.74). The second part elicits the interviewees' attitudes concerning the effectiveness of the NDMSs on psychological reactance and academic entitlement with regard to previous experiences by asking questions (e.g., How influential are 'nonlinear dynamic motivation-oriented strategies' in L2 teaching-learning by telling about your own experiences?). The elicited responses were interpreted and coded as 1= influential, 2= uninfluential, 3=undecided. The third part elicits the interviewees' responses regarding the need for psychological reactance and academic entitlement self-management in L2 teaching-learning by asking questions (e.g., How necessary is psychological reactance management in L2 teaching-learning?). The elicited responses were interpreted and coded as 1=necessary, 2=not necessary, and 3=undecided. These are termed need (a=.72). The final construct elicits responses concerning the effectiveness of the NDMSs that can facilitate psychological reactance and academic entitlement self-management in L2 teaching-learning (e.g. eliminating test-oriented classes, providing novel activities, and improving learner achievement) by asking question (e.g., Do you think that eliminating testoriented classes can facilitate preventing incivility, minimizing resistance, and managing dissent in face-toface/online L2 teaching-learning?). The elicited responses were interpreted and coded as 1= Yes, 2= No, and 3= Undecided. To determine the internal consistency, the subscales (LL¹, LL², and LSL) were measured in line with Wigfield and Guthrie (1997) alphas and the results ranged from .71 to .75 (Table 2).

Table 2

Reliabilities for the NDM-oriented reactance management interview Subscales

Subscale	N of Items	Reliability
Experience	2	.74
Effectiveness	3	.71
Need	2	.72
Strategy	3	.75

Data Analysis

Thematic analysis of QUAL-QUAN data was conducted via mixing the data for the purpose of meta-inferences (Figure 3) in line with (Tashakkori & Teddlie, 2003). To ensure the correctness of the results, an iterative analysis was done prior to the selection of QUAL-QUAN analyses. Quantitative analyses were used to examine the effectiveness of the NDMSs for managing and minimizing AE and PR. Given the unpaired and categorical nature of the collected data, to test the effectiveness of the NDMSs for managing or minimizing AE and PR, the Pearson Chi Square Test was used.

Figure 3

Visual Representation of the Study Design



The transcribed interviews were scrutinized for codable NDMSs-oriented statements. In keeping with Urdan and Mestas (2006), the presence/absence of references (explicit/implicit) to obstructive factors in elicited responses was determined as the criterion for data coding. Sorting and categorizing elicited data in keeping with Saldaña (2013) provided a picture of the orientation of the collected responses following the use of sub-coding techniques and preparing a list of codes (see Appendix C). To resolve the discrepancies and ensure inter-rater reliability, three expert EFL researchers were invited and the results of the analysis confirmed the inter-rater agreement at 78% per interview on average.

Results

The results of analyzing participants' responses to the NDMSs-PR questionnaire are displayed at three levels of civility prevention, resistance minimizing, and dissent management. The results showed that the majority of the participants (100% of students and 48% of professors) held a positive view about the effectiveness of the NDMSs for preventing, minimizing, and managing psychological reactance. Drawing on the obtained results, the study confirms the effectiveness of the NDMSs and suggests that future studies should delve into the potential behind the NDMSs by contextualizing it in other contexts. The mean of the observed standard deviations M=1.185 shows (see Table 3) that there were no polarized responses (except for negative responses elicited from male professors) and the majority of the participants (51.7%) strongly believe in the effectiveness of the NDMSs.

Table 3

Descriptive Statistics on NDMSs & PR (Incivility Prevention)

	NDMSs & PR (Incivility Prevention)				
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	strongly agree	76	51.7	51.7	51.7
	agree	40	27.2	27.2	78.9
	slightly agree	11	7.5	7.5	86.4
	slightly disagree	12	8.2	8.2	94.6
	disagree	8	5.4	5.4	100.0
	Total	147	100.0	100.0	

The observed frequencies concerning the participants' responses on the effectiveness of the NDMSs are displayed in the frequency table of the Chi-Square Test (see Table 4). The majority of the respondents (127 out of 147) held a positive opinion concerning the effectiveness of the proposed strategies to prevent incivility in L2 learning environments. The upper range of the Table (i.e. 6) shows no cases of negative opinions, while the expected number was 42.0. This can be interpreted as the lack of a strong negative opinion on the part of the participants (particularly teachers who mostly expressed negative opinions). In other words, there might be some other reasons for opting disagree/slightly disagree beyond the effectiveness of the proposed strategies (e.g. they might think that other factors should be included, etc.).

Table 4

Chi-Square Test for NDMSs & PR (Incivility Prevention)

		NDMSs & PR (Incivility Prevent	tion)	
	Category	Observed N	Expected N	Residual
1	strongly agree	76	7.0	69.0
2	agree	40	14.0	26.0
3	slightly agree	11	21.0	-10.0
4	slightly disagree	12	28.0	-16.0
5	disagree	8	35.0	-27.0
6	Strongly disagree	0	42.0	-42.0
Total		147		

The test statistics (see Table 5) compare the expected and observed values. In this case, the discrepancy was very large and statistically significant. (Asymp. Sig. = .000). The results of the Chi-Square test concerning the observed frequency of responses between participants (i.e. teachers and learners) and a significant interaction was found X^2 (5) = p < .05. Therefore, the majority of students as well as the majority of female teachers (except for 62% of male teachers) had a positive opinion about the effectiveness of the NDMSs as a valid tool to prevent incivility among L2 learners.

Table 5



Test Statistics				
			NDMSs & PR (Incivility Prevention)	
Chi-Square			805.162ª	
df			5	
Asymp. Sig.			.000	
	Sig.		$.000^{b}$	
Monte Carlo Sig.	99% Confidence Interval	Lower Bound	.000	
		Upper Bound	.000	

In response to part of the first research question, a Chi-Square test was run to provide a picture of the observed frequencies concerning the participants' responses regarding the effectiveness of the NDMSs for the dissent management variable (see Table 4). The majority of the respondents (126 out of 147) held a positive opinion concerning the effectiveness of the proposed strategies for dissent management in L2 learning environments. A look at the upper range of the Table (i.e. 6) reveals that the observed negative cases was zero, while the expected number was 42.0. This reflects the lack of a strong negative opinion on the part of the participants (even male teachers who mostly expressed negative opinions but did not select the strongly negative choice).

Table 6

Chi-Square Test (Dissent Management)

	Frequencies				
	NI	OMSs & PR (Dissent Managen	ient)		
	Category	Observed N	Expected N	Residual	
1	strongly agree	89	7.0	82.0	
2	agree	31	14.0	17.0	
3	slightly agree	6	21.0	-15.0	
4	slightly disagree	12	28.0	-16.0	
5	disagree	9	35.0	-26.0	
6		0	42.0	-42.0	
Tot	al	147			

The Chi-Square test statistics (see Table 7) compared the expected and observed values. In this case the discrepancy was very large and statistically significant. (Asymp. Sig. = .000). The Chi-Square calculated the frequency of responses between participants (i.e. teachers and learners), and a significant interaction was found X^2 (5) = p < .05. Therefore, the majority of students as well as the majority of female teacher (except for male teachers) had positive opinions on the effectiveness of the NDMSs as a valid tool to manage dissent among L2 learners.

Table 7	
Chi-Square	Test Statistics

Test Statistics					
			NDMSs & PR (Dissent Management)		
Chi-Square			1062.386ª		
df			5		
Asymp. Sig.			.000		
	Sig.		.000 ^b		
Monte Carlo Sig.	99% Confidence Interval	Lower Bound	.000		
		Upper Bound	.000		

In response to the other part of the first research question, a Chi-Square Test was run (see Table 8). The goal was to evaluate whether the NDMSs are effective tools to minimize resistance. Based on the results, 63 out of 147 strongly agreed, 52 out of 147 agreed, and 11 out of 147 participants held a positive view on the effectiveness of the proposed strategies for minimizing resistance. As with the previous analyses of the PR levels (incivility prevention and dissent management), we observe that there was no strongly disagree choice observed in the elicited responses from the participants, which reflects their tendency towards the positive opinions.

Table 8

Chi-Square Test Frequencies (Resistance Minimizing)

	Frequencies				
	N	DMSs & PR (Resistance Minim	izing)		
	Category	Observed N	Expected N	Residual	
1	strongly agree	63	7.0	56.0	
2	agree	52	14.0	38.0	
3	slightly agree	11	21.0	-10.0	
4	slightly disagree	12	28.0	-16.0	
5	disagree	9	35.0	-26.0	
6		0	42.0	-42.0	
То	tal	147			

Table 8 shows the Chi-Square analysis that calculated the frequency of responses between participants (i.e. teachers and learners), and a significant interaction was found X^2 (5) = p < .001. From the test statistics output table we can observe the Chi Squared statistic, $x^2 = 626.362$, degrees of freedom 5, corresponding to p < 0.001. Therefore, we can conclude with 99.9% confidence that there is very strong evidence of the association between adopting the NDMSs and minimizing resistance.

Table 9 *Test Statistics*

Test Statistics					
			NDMSs & PR (Resistance Minimizing)		
Chi-Square			626.362ª		
df			5		
Asymp. Sig.			.000		
	Sig.		$.000^{ m b}$		
Monte Carlo Sig.	00% Confidence Interval	Lower Bound	.000		
	99% Confidence Interval	Upper Bound	.000		

The results of the above analyses confirm the effectiveness of the NDMSs for managing and minimizing PR at three forms of incivility, resistance, and dissent. Accordingly, both groups believed that the NDMSs have the potential to manage these obstructive factors in classroom contexts. The negative responses by 52% of the professors (42% of the female professors and 62% of the male professors) can be interpreted as their traditionally-established preferences for teacher-centered L2 teaching. This also reflects their orientation towards monologic

instruction instead of a dialogic one, which ends up in a non-learner-friendly context with a high risk of causing AE and PR in L2 teaching-learning.

Running a Chi-square test in response to the second research question revealed the following results. The results of the Chi-Square test frequencies showed a significant number of responses were positive (ranging from strongly agree =79, agree =51, to slightly agree =8), with only 9 out of 147 negative opinions on the effectiveness of the NDMSs for managing and minimizing AE among L2 learners (Table 10).

Table 10 *Chi-Square Test Frequencies*

	Frequencies			
		NDMSs & Academic Entitleme	ent	
	Category	Observed N	Expected N	Residual
1	strongly agree	79	7.0	72.0
2	agree	51	14.0	37.0
3	slightly agree	8	21.0	-13.0
4	slightly disagree	6	28.0	-22.0
5	disagree	3	35.0	-32.0
6		0	42.0	-42.0
Tot	al	147		

The results of the Chi-Square Test (see Table 11) calculating the frequency of responses elicited from the participants (i.e. teachers and learners), showed a significant interaction between the NDMSs and AE X^2 (5) = p < .001. We can observe from the test statistics output table the Chi Squared statistic, $x^2 = 934.948$, degrees of freedom 5, corresponding to p < 0.001. Therefore, based on the obtained results the present study confirms with 99.9% confidence that there is very strong evidence of the association between adopting the NDMSs and minimizing resistance among the L2 learners in the study.

Table 11

Chi-Square Test Statistics on NDMSs & Academic Entitlement

Test Statistics				
			NDMSs & Academic Entitlement	
Chi-Square			934.948ª	
df			5	
Asymp. Sig.			.000	
	Sig.		.000 ^b	
Monte Carlo Sig.	99% Confidence Interval	Lower Bound	.000	
		Upper Bound	.000	

In an answer to the third question, searching for patterns between teacher-learner responses about the effectiveness of the NDMSs for managing AE and PR, the results of the analyses revealed that there was a statistically significant correlation between different forms of psychological reactance (incivility prevention, resistance minimizing, and dissent management) with Sig. (2-tailed) < 0.05. A closer look at our results reveals that the strongest correlation was between incivility prevention and resistance management, where r = .936. It was based on N = 147 students and teachers and its 2-tailed significance, p=0.000, which means there is a 0.000 probability of finding this sample correlation or a larger one if the actual population correlation is zero. The results of the analysis also revealed that there was no correlation between PR and AE in the elicited data. Its strongest correlation was between the NDMSs & AE and incivility prevention where the correlation was .039 but p=.635 which was not statistically different from zero. That is there was a .039 chance of finding it if the population correlation was zero.

Table 12 *Correlations*

Correlations							
		NDMSs & PR (Incivility Prevention)	NDMSs & PR (Resistance Minimizing)	NDMSs & PR (Dissent Management)	NDMSs & AE		
NDMSs & PR	Pearson Correlation	1	.936	.874	.039		
(Incivility Prevention)	Sig. (2-tailed)		.000	.000	.635		
	Ν	147	147	147	147		
NDMSs & PR	Pearson Correlation	.936	1	.918	.081		
(Resistance Minimizing)	Sig. (2-tailed)	.000		.000	.331		
	Ν	147	147	147	147		
NDMSs & PR	Pearson Correlation	.874	.918	1	049		
(Dissent Management)	Sig. (2-tailed)	.000	.000		.558		
	Ν	147	147	147	147		
NDMSs & AE	Pearson Correlation	.039	.081	049	1		
	Sig. (2-tailed)	.635	.331	.558			
	Ν	147	147	147	147		

To answer the fourth research question, the elicited responses from half of the respondents (n=74) were converted into three types of answers (i.e. yes, no, undecided) then the data were analyzed in terms of frequency of each answer type (see Table 13) with respect to position (teacher/student). Both students and learners provided revealing data in terms of the necessity of providing a learner-friendly environment where a variety of motivational factors from psychological to cultural and social vantage points are catered for. Some of the interviewees also referred to the concept of identity preservation, which was not precisely the focus of the study but might be addressed in future studies. They believed that one of the outcomes of meeting nonlinear dynamic motivation at individual level (which is the focus of the present study) is that those students with modest backgrounds or from a different race will have an opportunity to introduce/discuss and reinforce their personal nonlinear dynamic motivational factors. The interviewees also described the NDMSs as effective tools to manage AE and PR in L2 learning because they can create motivational individual learners who have identified their nonlinear dynamic motivational factors (by themselves or with their teachers) and have recognized the large range of dynamicity and nonlinearity from one classmate to another.

Table 13

Interview Frequencies

Interview Frequencies							
Count							
	Position						
		Student	Teacher	- 10181			
	Yes	12	56	68			
Interview	Undecided	3	0	3			
	No	3	0	3			
Total		18	56	74			

Discussion

The AE and the PR, in the learning context, negatively affect the learning process and it is critical to elaborate on this problem. The NDMSs were suggested as the solution to this problem, but the goal was to elicit students' opinions as well as teachers' opinions on their effectiveness to manage or minimize AE and PR. Drawing on psychological reactance theory, the required data were collected from both sides of the oppositional behavior (teachers and students) concerning the effectiveness of the proposed strategies. The quantitative results of

the study revealed that 85.71% of the participants held a positive view on the effectiveness of the proposed strategies. The data triangulation of the collected data from the questionnaire and the interview confirmed the effectiveness of the proposed strategies along with a number of suggestions for further studies in the field with the same focus. Individual differences are common and holding double standards is also common among some teachers. Therefore, it is highly critical to take precautionary measures and prevent oppositional behavior via the NDMSs in a learner-friendly environment. As one of the interviewees argued, how could a teacher with double standards fairly evaluate language proficiency in a test-oriented classroom with some students holding opposite standards (different religion, ethnicity, political party, etc.), or how could a demotivating L2 teacher using discriminatory statements, feedback, responses, etc. create an environment free from AE and PR? Given the probability of such discriminatory situations where there is a high chance of stirring psychological reactance and academic entitlement, some questions arise: Is it fair to blame only learner(s) for feeling entitled to achievement/psychological reactance?

The findings of the study are in line with the reported relationship between AE and motivation (Graham, & Weiner, 1996; Lerner, 1987) and PR and motivation (Jost, Banaji, & Nosek, 2004). Given the obtained results, it seems imperative to conduct further studies in terms of demotivating L2 teaching environments. Ruling classrooms with an iron fist is an explicit violation of motivational factors and leads to a variety of obstructive factors. Additionally, with regards to similar characteristics of AE and PR with L2 motivation in terms of nonlinearity and dynamicity, further studies are necessary to clarify their connections. Accordingly, it is critical to investigate and determine the potential behind nonlinearity and dynamicity of language learning and language learners (Bahari, 2018; Buehl & Beck, 2015; Fives & Gill, 2015; Fives, Lacatena, & Gerard, 2015) along with learning-related findings of studies on psychological reactance (Chartrand, Dalton, & Fitzsimons, 2007; Dillard & Shen, 2005; Eagly, Mladinic, & Otto, 1994; Kim, Levine, & Allen, 2013; Quick & Considine, 2008; Quick & Stephenson, 2007; Rains, 2013) towards a comprehensive PR-free model of learning.

The misguided theoretical trend in L2 motivation studies is mainly under the influence of L2 self systems introduced by Dörnyei (2009) and the studies that tried to expand it (e.g. Liu & Thompson, 2018; Thompson, 2017) at the cost of confusing anti-ought-to-self with a form of PR (see Bahari, 2020a). The current theoretical trends fail to incorporate the dynamicity and nonlinearity of L2 motivation, which varies from one learner to another. Some peer-reviewed journals such as *System* and *Modern Language Journal*, without conducting rigorous review, publish articles contextualizing or expanding this deficient theoretical system and serve to mix up PR and its forms with anti-ought-to-self for readers. Psychological reactance is a psychological state of mind that might cause a range of oppositional expressions (e.g. incivility, dissent, and resistance). However, anti-ought-to-self is a type of self, which serves to negatively motivate the L2 learner to continue the learning process. Briefly, anti-ought-to-self negatively motivates the learner to do something positive (i.e. learning) while PR negatively motivates the learner not to do something positive (i.e. learning). While the former potentially facilitates learning, the latter practically obstructs learning.

Pedagogical Implications

The most salient pedagogical implication of the study is about test-oriented classes and their negative effect on managing and minimizing AE and PR. Such classes increase the chances of the emergence of AE and PR in the three forms of incivility, dissent, and resistance along with learner-teacher self-doubt, anxiety, and frustration. Such classes not only provide some teachers with a manipulative tool (i.e. test score manipulation) to threaten or oppress learner autonomy but also help them dodge their responsibility to prepare novel and creative activities compatible with learners' dynamic and nonlinear motivation. Some of the teacher-participants also implicitly confirmed the existence of such reactance-inducing conditions in L2 teaching-learning contexts. Therefore, some pedagogical reformations are needed to address these anti-learner features of test-oriented classes that affect L2 teaching-learning environments. The second implication is that reinforcing nonlinear dynamic motivation has the potential to prevent incivility, minimize resistance, and manage dissent along with catering to the motivational needs of the L2 learner group at the same time. The NDMSs-oriented pedagogy ensures learner-friendly environments where L2 learner motivation is catered to at individual level (Bahari, 2020b). In keeping with the dynamicity and nonlinearity of learner's motivation, the third implication of the study is the need to foster the collaborative meaning-making process through dialogic discourse instead of traditionally established monologic discourse in L2 teaching-learning. This is to integrate the dynamic and nonlinear features

of L2 motivation at the individual level with that of the group level during interactional synchrony. While the former discourse type permits argumentative virtues, the latter one fosters teacher-centered teaching beliefs.

Conclusion

Based on participants' beliefs, this study confirms the effectiveness of the NDMSs as a valid tool for minimizing and managing psychological reactance and academic entitlement in L2 learning-teaching contexts. Accordingly, it can safely be concluded that restraining learner's freedom of voice, preferences, and options within a demotivating, undemocratic L2 classroom causes oppositional behaviors, which need to be avoided on the part of the teacher. The study confirms a positive opinion among teachers as well as learners on the applicability of the NDMSs as a minimizing and managing tool for academic entitlement and psychological reactance. The study suggests new pedagogical reforms in terms of teachers' belief systems about teaching practices with a focus on the nonlinearity and dynamicity of motivation, which differs from learner to learner. Given the thin literature apropos of the nonlinearity and dynamicity of L2 motivation, future studies are suggested to retest the applicability and contextualization of the NDMSs in different learning contexts and at different language proficiency levels. The main point of the study is to benefit from the diversity of L2 motivation in learners to create an every-learner-motivated classroom.

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Appendix A

This questionnaire asks L2 learner/teacher to rate their opinions concerning the effectiveness of the NDMSs to manage PR at three levels of incivility prevention, dissent management, and resistance minimizing

NDMSs - PR Questionnaire

Psychological Reactance Levels	Focus of statements	Statements	Strongly agree	Agree	Slightly agree	Slightly disagree	Disagree	Strongly disagree
Incivility Prevention	Anxiety	I think applying NDMSs along with learner-centered strategies can prevent learner incivility and reduce learner-teacher anxiety						
	Anxiety	I believe that NDMSs have the potential to reduce the negative impact of test-oriented classes which act against learner motivation and increase learner anxiety and learner incivility						
	Anxiety	I believe that NDMSs have the potential to minimize reactance- inducing statements used by some teachers which act against learner motivation and increase anxiety and incivility						
	Anxiety	I believe that NDMSs have the potential to reduce reactance- inducing statements by some motivating strategies to reduce learner anxiety and incivility						
	Anxiety	I believe that NDMSs have the potential to replace test-score manipulation with a learn-friendly context which minimizes learner anxiety and incivility						
	Frustration	I believe that NDMSs have the potential to improve learners' low achievement which has demotivating effects and causes frustration and incivility among learners						
	Frustration	I think lack of novel activities in L2 teaching causes frustration among learners but I believe that NDMSs have the potential to minimize frustration						
	Frustration	I believe that restrictive classes act against NDMSs and increase learner frustration and learner incivility						
	Frustration	I think test-score manipulation by teachers act against NDMSs and causes frustration and incivility						
	Frustration	I think meeting learners' motivational factors in classroom/online L2 teaching can reduce frustration and incivility						
	self-doubt	I think lack of novel activities in L2 teaching causes self-doubt among teachers which leads to incivility						
	self-doubt	I believe that restrictive classes act against NDMSs and increase learner self-doubt and learner incivility						
	self-doubt	I think test-score manipulation by teachers act against NDMSs and causes self-doubt and incivility						
	self-doubt	I think lack of objective criteria and subjective assessment increases self-doubt among learners and might lead to incivility over a low grade						
	self-doubt	I think meeting learners' motivational factors in classroom/online L2 teaching can reduce self-doubt and incivility						

Psychological Reactance Levels	Focus of statements	Statements	Strongly agree	Agree	Slightly agree	Slightly disagree	Disagree	Strongly disagree
Dissent Anxiety I believe that catering for learners' dynamic motivational factors via NDMSs can reduce the level of dissent and create a friendly environment with less anxiety and self-doubt								
	Anxiety	I believe that restrictive classes act against NDMSs and increase learner anxiety and learner dissent						
	Anxiety	I think test-score manipulation by teachers act against NDMSs and causes anxiety and dissent among learners						
	Anxiety	I think lack of objective criteria and subjective assessment increases anxiety among learners and might lead to dissentive behavior over a low grade						
	Anxiety	I think meeting learners' motivational factors in classroom/online L2 teaching can reduce anxiety and dissent						
	Frustration	I think low achievement has demotivating effects and causes frustration and dissent among learners therefore improving learner achievement can facilitate dissent management						
	Frustration	I think lack of novel activities in L2 teaching causes frustration among learners which leads to learner dissent						
	Frustration	I believe that threatening activities act against NDMSs and increase learner frustration and learner dissent						
	Frustration	I think test-score manipulation by teachers act against NDMSs and causes frustration and dissent among learners						
	Frustration	I think lack of objective criteria or ignoring them in subjective assessment of assignments has demotivating effects and increases frustration among learners which might lead to dissentive behaviors over a low grade						
	self-doubt	I believe that catering for learners' dynamic motivational factors via NDMSs can reduce the level of dissent and create a friendly environment with less anxiety and self-doubt						
	self-doubt	I think lack of novel activities in L2 teaching has demotivating effects and causes self-doubt among teachers which leads to teacher dissent						
	self-doubt	I believe that test-oriented classes act against NDMSs and increase learner self-doubt and learner dissent						
	self-doubt	I think test-score manipulation by teachers act against NDMSs and causes self-doubt and dissent among learners						
	self-doubt	I think lack of objective criteria or ignoring them in subjective assessment of assignments has demotivating effects and increases self-doubt among learners which might lead to dissentive behaviors over a low grade						

Psychological Reactance Levels	Focus of statements	Statements				Slightly disagree	Disagree	Strongly disagree
Resistance Minimizing	ResistanceAnxietyI believe that restrictive classes act against NDMSs and increaseMinimizinglearner anxiety and learner resistance							
	Anxiety	I think test-score manipulation by teachers act against NDMSs and causes anxiety and resistance						
	Anxiety	I think lack of objective criteria and subjective assessment has demotivating effects and increases anxiety among learners which might lead to resistance over a low grade						
	Anxiety	I think lack of objective criteria or ignoring them in subjective assessment of assignments has demotivating effects and increases anxiety among learners which might lead to resistance over a low grade						
	Frustration	I feel less resistance and frustration when a controversial subject is delivered unbiasedly						
	Frustration	I think low achievement causes frustration and resistance among learners therefore improving learner achievement can minimize learner frustration and resistance						
	Frustration	I think threatening activities in L2 teaching has demotivating effects and causes frustration among learners which leads to learner resistance						
	Frustration	I believe that test-oriented classes increase learner frustration and learner resistance						
	Frustration	I think test-score manipulation by teachers causes frustration and resistance among learners						
	self-doubt	I think lack of objective criteria and subjective assessment increases self-doubt among learners which might lead to resistance over a low grade						
	self-doubt	I think test-score manipulation by teachers has demotivating effects and causes self-doubt and resistance among learners						
	self-doubt	I believe that restrictive classes increase learner self-doubt and learner resistance						
	self-doubt	I think lack of novel activities in L2 teaching causes self-doubt among teachers which leads to learner resistance						
	self-doubt	I think threatening activities in L2 teaching has demotivating effects and causes self-doubt among teachers which leads to teacher resistance						

Appendix B

NDMSs - AE Questionnaire

This questionnaire asks L2 learners/teachers to rate their opinions concerning the effectiveness of NDMSs to manage L2 academic entitlement

No.	Statement	Strongly agree	Agree	Partly agree	Slightly disagree	Disagree	Strongly disagree
1	There is no place for dictatorial teacher in a democratic learner-friendly L2 teaching-learning context						
2	Ruling L2 teaching-learning contexts with an iron fist encourages academic entitlement						
3	L2 learners are customers and teachers are responsible for customer services						
4	L2 teachers should adopt NDMSs to improve learners' low self-esteem						
5	Threatening policies are adopted by L2 teachers as pretexts to hide their lack of activity on providing novel and motivating materials to the class which meet nonlinear dynamic motivation of the learner group						
6	L2 teachers should adopt NDMSs to improve learners' low achievement						
7	Ruling class by double standards causes demotivation and academic entitlement						
8	L2 teacher should stop emphasizing on a single shortcoming and ignoring learner's motivational factors as a penalty for that single shortcoming in a vindictive manner						
9	Academic entitlement is an excuse to blame students who demand their violated right from a domineering teacher						
10	Academic entitlement is an excuse to blame students who demand their violated right from a domineering educational system						
12	Academic entitlement is an excuse to blame students who demand their violated right from a domineering test-oriented class						
13	Teachers blame learners for being entitled as a way of dodging their responsibilities						
14	Ignoring learners' various test-taking styles lead to academic entitlement						
15	L2 teachers' inflexibility in terms of assignments lead to academic entitlement						
16	L2 teachers' monologic teaching approach leads to academic entitlement						

Appendix C

NDMSs-AE and PR Self-Interview

Strategy	Theme	Prompt	Coding responses				
Psychological Strategies	Explaining the effectiveness of psychological strategies on psychological reactance and academic entitlement self- management	Are psychological strategies influential in managing psychological reactance and academic entitlement?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
Cultural Strategies	Explaining the effectiveness of cultural strategies on psychological reactance and academic entitlement self- management	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No					
		*Are psychological reactance and academic entitlement important obstructive factors in L2 teaching-learning based on your own experiences?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
		* Are you under the effectiveness of psychological reactance and academic entitlement in learning-teaching English?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
Social Explaining the effectiveness * Are social strategies in L2 teaching · Strategies social strategies on contexts influential? psychological reactance and academic entitlement self-management self-management			Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
		* Are social strategies in managing psychological reactance and academic entitlement influential?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
Psycho-socio- cultural Strategies	Multiple strategies to manage psychological reactance and academic entitlement	*Do you think learner-centered strategies along with psycho-socio-cultural strategies can facilitate psychological reactance and academic entitlement self-management? How?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
		*Do you think that psycho-socio-cultural can facilitate preventing incivility, minimizing resistance, and managing dissent in L2 teaching-learning?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
		*Do you think that psycho-socio-cultural have the potential to minimize the negative impact of obstructive factors?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
		*Do you think that managing obstructive factors by psycho-socio-cultural strategies can develop L2 teaching-learning?	Elicited responses are interpreted and coded as 1= Yes 2= Undecided 3= No				
Part 5	Finally Thank you for your time. Do you have any questions that you would like to ask?						